

Please store this instruction leaflet in a safe place for later reference.

Be sure to read the instructions carefully before use.

HIYA NORIMONO YOIDOME FILM

ヒヤ乗り物酔いどめフィルム

<MOTION SICKNESS REMEDY >

“**HIYA NORIMONO YOIDOME FILM**” is the film type remedy contained *d*-chlorpheniramine maleate and scopolamine hydrobromide hydrate to prevent dizziness, nausea, and headache associated with motion sickness.

CAUTIONS FOR USE

[To be avoided!]

(Failure to observe the following may result in the cold symptoms worsening or adverse reactions/accidents occurring.)

1. This medication should not be used in combination with the following medications:
Oral medicines containing other motion sickness remedies, cold remedies, anti-pyretics and analgesics, sedatives, cough and expectorant remedies, gastrointestinal analgesics and antispasmodics or antihistamines(oral medications for nasal catarrh, or anti-allergic agents, etc.)
2. Do not drive or operate machinery after using this medication. (It may cause drowsiness, blurred vision, unusual dazzling sensation, etc.)
3. Do not use under 11 years.

[Consult a physician for the following]

1. The following persons should consult a physician, pharmacist, or registered distributor of this medication.
 - (1)A person undergoing medical treatment from a physician
 - (2)A pregnant woman or a woman suspected of being pregnant
 - (3)An elderly person
 - (4)A person with a medical history of being allergic to medicines and other substances
 - (5)A person with the following symptoms:
Difficulty in urination
 - (6)A person diagnosed as having the following:
Glaucoma, cardiac disease

2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, discontinue use immediately and consult a physician, pharmacist, or registered distributor of this medication. Take the instruction leaflet with you.

Related area	Symptoms
Skin	Rash, redness, itching
Central nervous system	Headach
Urinary system	Difficulty in urination
Other	

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptom's name	Symptoms
Aplastic anemia	Bruising, nosebleed, gingival bleeding, fever, pale skin and mucus, fatigue, palpitation, shortness of breath, feel ill and dizzy, and appearance of blood in urine, etc.
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3. The following symptoms may appear with use of this medication. If these symptoms continue or worsen, discontinue use and consult a physician, pharmacist, or registered distributor of this medication. Take the instruction leaflet with you.

Dry mouth, constipation, drowsiness, blurred vision

INDICATIONS

Prevention and relief of dizziness, nausea, and headache associated with motion sickness

COMPOSITION (in 2 sheets)

Components	Content
<i>d</i> -Chlorpheniramine maleate	2.66 mg
Scopolamine hydrobromide hydrate	0.332 mg

Additives: Pullulan, Corn starch, Concentrated glycerin, Microcrystalline cellulose, Titanium oxide, Acesulfame potassium, Sucralose, Polysorbate 80, Thaumatin, and flavor

DOSAGE AND DIRECTION

Age	One dosage	Daily dosage
11 years old and over	1 sheet	Maximum 2 times daily.
Under 11 years	Do not use	

[Cautions]

- (1) Please follow the recommended dosage and directions.
- (2) Be careful to avoid swallowing a piece of the packaging sheet by mistake, doing so may injure the esophageal mucosa.
- (3) If when this medication stuck in throat, flow with water.
- (4) Do not touch this medication with wet hands.
- (5) Do not use under 11 years.
- (6) This medication should be given to children only under adult supervision.

CAUTIONS ON HANDLING AND STORAGE

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) Do not transfer this medicine to a different container. (It may be misused or the quality may deteriorate.)
- (4) So that the aluminum sheet and the contents are not damaged, be careful about keeping and carrying.
- (5) Do not store for long periods after opening the aluminum sheet.
- (6) Do not exceed the period of use.